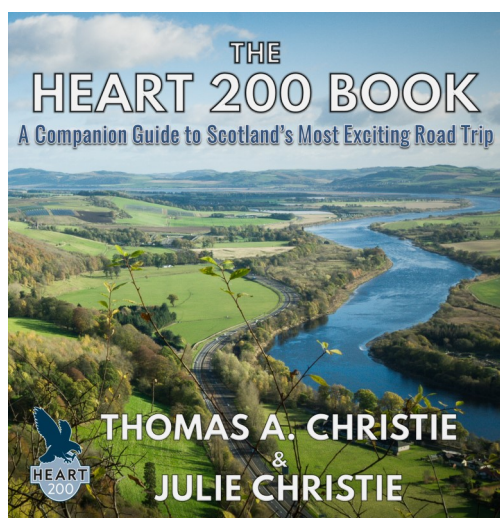


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The Heart 200 Book

A Companion Guide to Scotland's Most Exciting Road Trip

The Heart 200 route is a unique road trip around some of the most beautiful locations in Central Scotland. Two hundred miles running through Stirlingshire and Perthshire, Heart 200 takes its visitors on an epic adventure to suit every taste - whether you are an outdoors enthusiast, an aficionado of history, or simply looking to enjoy yourself in some of the most stunning natural surroundings in the world.

Written with the full approval and co-operation of the Heart 200 team, *The Heart 200 Book* is a guide to the very best that the route has to offer. You will discover the history and culture of this remarkable region, from antiquity to the modern day, with more than a few unexpected insights along the way. Over the millennia, this amazing land has made its mark on world history thanks to famous figures ranging from the ancient Celts and the Roman Empire to King Robert the Bruce and Mary Queen of Scots, by way of Bonnie Prince Charlie, Rob Roy MacGregor, Robert Burns, Sir Walter Scott, Queen Victoria and even The Beatles!

So whether you're travelling by foot, car, motorhome or bike, get ready for a journey like no other as the Heart 200 invites you to encounter standing stones and steamships, castles and chocolatiers, watersports and whisky distilleries... and surprising secrets aplenty! Illustrated with full-colour photography and complete with Internet hyperlinks to accompany the attractions, *The Heart 200 Book* will introduce you to some of the most remarkable places in all of Scotland and encourage you to experience each and every one for yourself. It really will be a tour that you'll never forget.

Author Biographies

Dr Thomas A. Christie is a Scottish author with research interests in popular culture, literary analysis, interactive fiction and modern cinema. He has many years of experience as a literary professional, having worked in collaboration with several publishing companies. His full-length works to date have focused upon subjects such as cinema history and literary criticism, as well as the production of original prose fiction. A passionate advocate of the written word and literary arts, Tom is a Fellow of the Royal Society of Arts and a member of the Royal Society of Literature, the Society of Authors, and the Federation of Writers Scotland. For more details about Tom and his work, please visit his website at www.tomchristiebooks.co.uk.

Julie Christie has been working in different roles within business and the third sector for more than three decades. Over the years she has worked with a number of charitable organisations such as the Princess Royal Trust for Carers, the Aberlour Childcare Trust, the Alzheimer's Society, the Royal Voluntary Service and Town Break Dementia Care. She was also an associate with the University of Stirling, where she was involved in the development of Dementia Friendly Communities. Julie is currently the Communities and Fundraising Manager for Start Up Stirling, the city's food bank. She brings considerable experience from the commercial retail industry, having held posts with national organisations including AstraZeneca, the NHS, Marks and Spencer, Goldsmiths, Thorntons and Laura Ashley. *The Heart 200 Book* is her first published work.

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