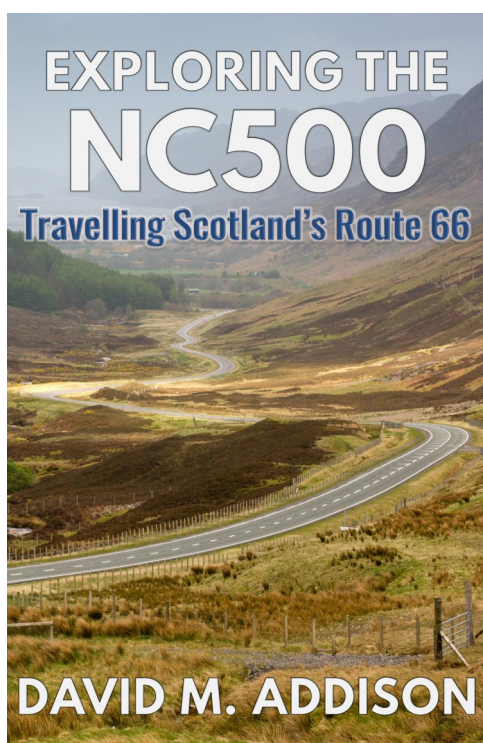


INFORMATION SHEET



Exploring the NC500 Travelling Scotland's Route 66

Travelling anti-clockwise, David M. Addison seeks his kicks on Scotland's equivalent of Route 66. Otherwise known as NC500, the route takes you through five hundred miles of some of Scotland's most spectacular scenery. No wonder it has been voted as one of the world's five most scenic road journeys.

There are many ways of exploring the NC500. You can drive it, cycle it, motorbike it or even walk it, even if you are not one of The Proclaimers! And there are as many activities, places of interest and sights to be seen along the way as there are miles.

This is a personal account of the author's exploration of the NC500 as well as some detours from it, such as to the Black Isle, Strathpeffer and Dingwall. Whatever your reason or reasons for exploring the NC500 may be, you should read this book before you go, or take it with you as a *vade mecum*. It will enhance your appreciation of the NC500 as you learn about the history behind the turbulent past of the many castles; hear folk tales, myths and legends connected with the area; become acquainted with the ancient peoples who once lived in this timeless landscape, and read about the lives of more recent heroes such as the good Hugh Miller who met a tragic end and villains such as the notorious Duke of Sutherland, who died in his bed (and may not be quite as bad as he is painted). There are a good number of other characters too of whom you may have never heard: some colourful, some eccentric, some very eccentric.

You may not necessarily wish to follow in the author's footsteps in all that he did, but if you read this book you will certainly see the landscape through more informed eyes as you do whatever you want to do *en route* NC500.

Sit in your car and enjoy the scenery for its own sake (and remember you get a different perspective from a different direction, so you may want to come back and do it again to get an alternative point of view!), or get out and explore it at closer quarters – the choice is yours, but this book will complement your experience, whatever you decide.

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Author Biography

A native of Banff, Scotland, David M. Addison is a graduate of Aberdeen University. As well as essays in various publications, he has written eight books, mainly about his travels. As well as a short spell teaching English as a foreign language in Poland when the Solidarity movement at its height, he spent a year (1978-79) as an exchange teacher in Montana. He regards his decision to apply for the exchange as one of the best things he ever did, for not only did it give him the chance to travel extensively in the US and Canada but during the course of the year he made a number of enduring friendships. Since taking early retirement, he has more time but less money to indulge his unquenchable thirst for travel (and his wife would say for Cabernet Sauvignon and malt whisky).

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