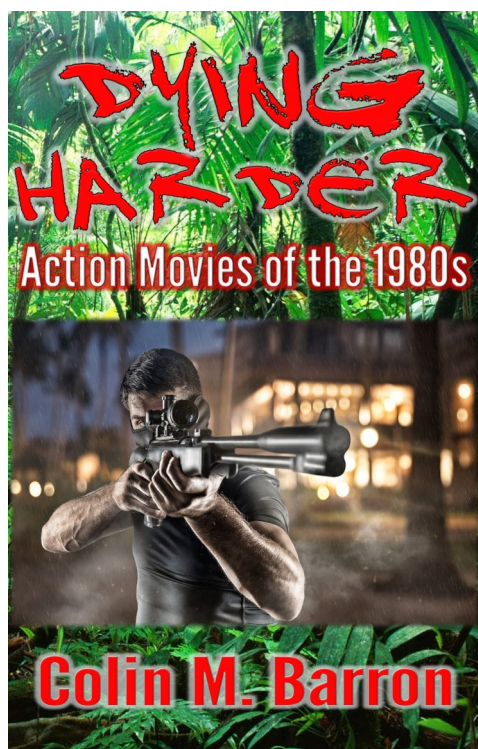


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Dying Harder Action Movies of the 1980s

The 1980s were a golden age for action movies, with the genre proving popular at the box-office as never before. Across the world, stars such as Sylvester Stallone, Arnold Schwarzenegger and Bruce Willis were becoming household names as a result of their appearances in some of the best-known films of the decade.

But what were the stories which lay behind the making of these movies? Why were the eighties to bear witness to so many truly iconic action features? And who were the people who brought these legends of action cinema to life?

In *Dying Harder: Action Movies of the 1980s*, Colin M. Barron considers some of the most unforgettable movies of the decade, exploring the reasons behind their success and assessing the extent of their enduring acclaim amongst audiences which continues into the present day.

Author Biography

Dr Colin M. Barron was born in Greenock, Scotland in 1956, and was educated at Greenock Academy (1961-74) and Glasgow University (1974-79) where he graduated in Medicine (M.B. Ch.B.) in 1979. He worked for the next five years in hospital medicine, eventually becoming a Registrar in Ophthalmology at Gartnavel General Hospital and Glasgow Eye Infirmary. He was the chairman of the Scottish branch of the British Federation of Care Home Proprietors (BFCHP) from 1985 to 1991, and then a founding member and chairman of the Scottish Association of Care Home Owners (SACHO) from 1991 to 1999. In 1992 Colin was made a Fellow of the Royal Society of Health (FRSH). He is a former member of various societies including the British Society of Medical and Dental Hypnosis Scotland (BSMDH), the British Thought Field Therapy Association (BTFTA), the Association for Thought Field Therapy (ATFT), the British Complementary Medicine Association (BCMA), and the Hypnotherapy Association.

Colin has a special interest in writing; his first non-fiction book *Running Your Own Private Residential and Nursing Home* was published by Jessica Kingsley Publishers in 1990. He has also written around 150 articles for various publications including *This Caring Business*, *The Glasgow Herald*, *Caring Times*, *Care Weekly*, *The British Medical Journal*, *The Hypnotherapist*, *The Thought Field* and many others. He was a regular columnist for *This Caring Business* between 1991 and 1999. His books *The Craft of Public Speaking* and *Planes on Film: Ten Favourite Aviation Films* were published by Extremis Publishing in 2016.

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